



ಬಿ.ಎಂ.ಎಸ್. ತಾಂತ್ರಿಕ ಮತ್ತು ವ್ಯವಸ್ಥಾಪನಾ ಮಹಾವಿದ್ಯಾಲಯ

**BMS INSTITUTE OF TECHNOLOGY & MANAGEMENT**

(Autonomous Institution Under VTU)

Yelahanka, Bengaluru -560119



**NATIONAL SERVICE SCHEME UNIT (NSS), BMSIT&M**

**Annual Report 2024-25**

## About NSS

The National Service Scheme (NSS) is a Central government scheme of the Indian Ministry of Youth Affairs & Sports.

## Objectives of NSS

- Understand the community in which they work.
- Understand themselves in relation to their community.
- Identify the needs and problems of the community and involve them in the problem solving process.
- Develop among themselves a sense of social and civic responsibility.
- Utilize their knowledge in finding practical solutions to individual and community problems.
- Develop competence required for group living and sharing of responsibilities.
- Gain skills in mobilizing community participation.
- Acquire leadership qualities and democratic attitude.
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony.

## NSS Unit of BMSIT&M

It provides an opportunity to the student community to take part in various government led community service activities & programme. The sole aim of the NSS is to provide hands-on experience to young students in delivering community service. The NSS Unit of BMSIT&M aims to inculcate the spirit of volunteerism in the students and help them become an accomplished social leader, an efficient administrator and a person who understands human nature.

## The NSS Unit of BMSIT&M formed Governing Body

**Patron :** Dr B.S. Ragini Narayan, Donor Trustee, BMSET

**Chairman:** Shri Aviram Sharma, Trustee, BMSET, Chairman-BOG, BMSIT&M

**President:** Dr. Sanjay H A (Principal, BMSIT&M)

**Secretary:** Dr. Anil G. N. (Vice-Principal, BMSIT&M)

**Dean Student Welfare:** Dr. Ambika R, Professor, ECE

**Program Officer 1:** Dr. Manoj H M, Associate Professor, AI&ML

**Program Officer 2:** Dr. Babu Naik, Assistant Professor, EEE

**Faculty Coordinator:** Dr. Sowmyashree M S, Assistant Professor, ETE

**Faculty Coordinator:** Dr. Thyagaraj Tanjavur, Assistant Professor, ECE

**Faculty Coordinator:** Dr. Vinod B R, Assistant Professor, Civil

**Faculty Coordinator:** Dr. Kantaraju V, Assistant Professor, AI&ML

**Faculty Coordinator:** Prof. Balaraju, Assistant Professor, AI&ML

**Faculty Coordinator:** Dr. O Gurusurthy, Assistant Professor, MECH

**Faculty Coordinator:** Prof. Beerappa Belsakkarye, Assistant Professor, CSE

**Faculty Coordinator:** Prof. Akshay Arya, Assistant Professor, CSE

**Faculty Coordinator:** Dr. Anand R, Assistant Professor, CSE

**Faculty Coordinator:** Prof. Bhavya G, Assistant Professor, ISE

**Faculty Coordinator:** Prof. Amulya, Assistant Professor, ISE

**Faculty Coordinator:** Prof. Uday Prasad, Assistant Professor, CSBS

**Student Coordinator:** Hitesh R, 6<sup>th</sup> Sem, CSE

**Student Coordinator:** Saksham Agrawal, 4<sup>th</sup> Sem, ISE

## Activities conducted by NSS Unit of BMSIT&M (August 2024 - July 2025)

- World Bicycle Day Cyclothon
- Nasha Mukti Bharat Pakhwada
- Cancer & Tobacco Awareness Event
- Stem Cell Awareness Program
- Drug-Free Life Workshop
- Millet Mela
- Eco Sensitisation Workshop
- Samvidhan Divas (Constitution Day)
- National Unity Day (Rashtriya Ekta Diwas)
- Vigilance Awareness Week
- World Meditation Day
- Organic and Natural Farming Session
- Blood Donation Awareness & Camp

### World Bicycle Day Cyclothon

**Date:** 12th June 2025

**Venue:** S.V.I.T College, Rajanukunte

**Organized by:** National Service Scheme Unit BMSIT&M in association with Karnataka State Police, Rajanukunte directed by Ministry of Youth Affairs and Sports.

**Objective:** To promote cycling as a sustainable mode of transport and encourage physical fitness among students.

**Event Details:** On the occasion of World Bicycle Day, a Cyclothon was organized on June 12, 2025, by the Department of Physical Education & Sports in association with the Karnataka State Police and the Ministry of Youth Affairs and Sports. Hosted by the Bangalore District Police at SVIT College, the event saw enthusiastic participation from BMSIT&M students, promoting fitness and eco-friendly transportation.

**Highlights:** Participants completed a 5km route starting from SVIT College, fostering community bonding and traffic safety awareness.



### Nasha Mukti Bharat Pakhwada

**Date:** 25th June 2025

**Venue:** BMSIT&M

**Organized by:** NSS Unit, BMSIT&M.

**Objective:** To raise awareness about the adverse effects of substance abuse and promote a drug-free society.

**Event Details:** Nasha Mukti Bharat Pakhwada is a nationwide campaign launched by the Government of India to raise awareness about the harmful effects of substance abuse and promote a drug-free society, with a special focus on youth. The initiative aligns with the United Nations observance of June 26 as the International Day Against Drug Abuse and Illicit Trafficking.

**Highlights:** The event included a formal pledge for a drug-free India and encouraged students to take the national E-pledge.



# Cancer & Tobacco Awareness Event

**Date:** 13th May 2025

**Venue:** Seminar Hall, 2nd Floor, Academic Block.

**Organized by:** NSS Unit, BMSIT&M

**Objective:** To educate students and staff on the link between tobacco consumption and cancer.

**Event Details:** The NSS Unit of BMSIT&M, in collaboration with the Youth Red Cross, organized a Tobacco & Cancer Awareness Program on 13th May 2025. The initiative educated students and staff on the health risks of tobacco use and its link to cancer through expert-led sessions.

**Highlights:** Expert sessions were led by Dr. Lithika Lavanya M and Dr. Swathi Acharya, followed by a symbolic Walkathon around the campus.



## Stem Cell Awareness Program

**Date:** 14th May 2025

**Venue:** BSN Auditorium, Lab Block, 2nd Floor.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** DKMS Foundation India.

**Objective:** To educate students on the life-saving potential of blood stem cell transplantation for blood cancer patients.

**Event Details:** An awareness session on Blood Stem Cell Transplantation was conducted on 14th May 2025 at BMSIT&M in collaboration with DKMS Foundation India and the National Service Scheme. The session educated students on the importance of blood stem cell donation in treating blood cancers and related disorders.

**Highlights:** The session included success stories of cancer survivors and an on-the-spot donor registration drive involving painless cheek swabs.



## Drug-Free Life Workshop

**Date:** 8th April & 9th April 2025

**Venue:** Seminar Hall, 2nd Floor, BSN Block, BSN Auditorium, 2nd Floor, Lab Block.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** Unnat Bharat Abhiyan (UBA) and Manasparsha Centre for Wellbeing

**Objective:** To educate students on the psychological and health-related consequences of substance abuse.

**Event Details:** The NSS Unit of BMS Institute of Technology and Management organized an awareness program titled “Drug-Free Life: A Choice for a Brighter Future” as part of the mandatory NSS course. Led by Dr. Tavikumar S P, Director & CEO of Manasparsha Centre for Wellbeing, Tumkur, the session educated students on the risks of substance abuse and the importance of mental health, and was conducted in two slots for different semesters.

**Highlights:** Dr. Tavikumar S.P. delivered impactful talks on early intervention and strategies for leading a disciplined, drug-free life.



## Millet Mela

**Date:** 10th March 2025

**Venue:** GC CRPF Campus, Bengaluru.

**Organized by:** NSS Unit, BMSIT&M

**Objective:** To raise awareness about the nutritional and environmental benefits of millets in daily diets.

**Event Details:** The Millet Mela was organized on 10th March 2025 in collaboration with CRPF to create awareness about the nutritional, environmental, and economic benefits of millets. NSS volunteers participated in interactive sessions and exhibitions highlighting the role of millets in sustainable agriculture and food security, concluding with a pledge to promote millet consumption for a healthier future.

**Highlights:** Organized in collaboration with CRPF, the event featured interactive exhibitions and discussions on millets' role in climate-resilient agriculture.



## Eco Sensitisation Workshop

**Date:** 3rd December & 4th December 2024

**Venue:** BSN Auditorium, Lab Block, 2nd Floor.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** Unnat Bharat Abhiyan (UBA) and Green Circle.

**Objective:** To promote environmental awareness and motivate practical steps toward sustainability.

**Event Details:** The NSS Unit & UBA of BMSIT&M organized an Eco Sensitisation Workshop to promote environmental awareness and sustainability. The program included a climate change workshop and a poster-making competition, encouraging students to take practical steps to protect the environment.

**Highlights:** Dr. V. Selvarajan conducted a workshop on climate change, followed by a mandatory poster-making competition for volunteers.



# Samvidhan Divas (Constitution Day)

**Date:** 26th November 2024

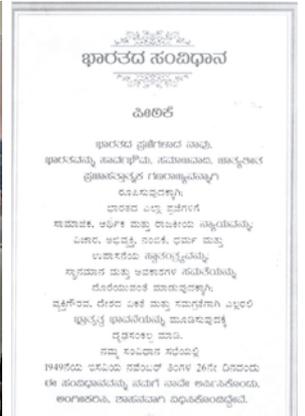
**Venue:** Seminar Hall, 4th Floor, BSN Block, BMS Institute of Technology and Management.

**Organized by:** NSS Unit, BMSIT&M

**Objective:** To honor the adoption of the Indian Constitution and educate citizens about their rights and duties.

**Event Details:** Constitution Day, also known as Samvidhan Divas, is observed in India on November 26 to commemorate the adoption of the Constitution of India in 1949. Drafted by the Constituent Assembly under the leadership of Dr. B. R. Ambedkar, the Constitution came into force on January 26, 1950, establishing India as a democratic republic. Celebrated since 2015, the day promotes awareness of constitutional values through addresses, discussions, and activities across institutions.

**Highlights:** Activities included a reading of the Preamble and a mass pledge to uphold the values of justice, liberty, and equality.



# National Unity Day (Rashtriya Ekta Diwas)

**Date:** 30th October 2024

**Venue:** Basket Ball Court, BMS Institute of Technology and Management.

**Organized by:** NCC Unit, BMSIT&M

**Collaboration:** NSS Unit, BMSIT&M

**Objective:** To honor Sardar Vallabhbhai Patel and foster a spirit of national integration.

**Event Details:** National Unity Day is observed on October 31 in honor of Sardar Vallabhbhai Patel, emphasizing the importance of national unity and integrity. The day promotes his vision of a united India and encourages a spirit of oneness and solidarity among citizens.

**Highlights:** Students and faculty took a collective pledge to maintain the unity and integrity of the nation.



# Vigilance Awareness Week

**Date:** 30th October 2024

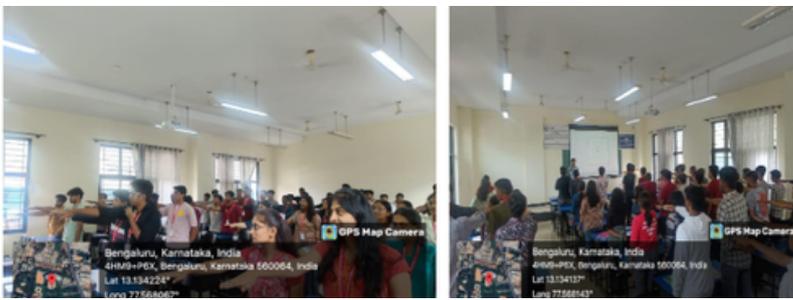
**Venue:** Basket Ball Court, BMS Institute of Technology and Management.

**Organized by:** NSS Unit, BMSIT&M

**Objective:** To promote integrity, transparency, and accountability in public life.

**Event Details:** Vigilance Awareness Week 2024 is observed in India from October 28 to November 3 with the theme "Corruption-free India for a Developed Nation." Led by the Central Vigilance Commission, the initiative promotes integrity, transparency, and ethical conduct in public and private sectors.

**Highlights:** 80 volunteers participated in a pledge ceremony led by the NSS Program Officer to encourage ethical behaviour.



## World Meditation Day

**Date:** 21st December 2024

**Venue:** 2nd Floor Seminar Hall, Academic Block, BMSIT&M.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** Heartfulness Sahaj Marg Meditation, Bengaluru.

**Objective:** To promote mindfulness and mental clarity for overall emotional growth.

**Event Details:** World Meditation Day 2024 was celebrated on December 21 to promote mindfulness, relaxation, and overall well-being. The day highlights the benefits of meditation in reducing stress and enhancing mental clarity, encouraging individuals to adopt mindful practices for long-term emotional growth.

**Highlights:** Trainers Mr. VCK Prakash and B.N. Ramaa led a guided meditation session for 80 student volunteers.



## Organic and Natural Farming Session

**Date:** 19th November & 20th November 2024

**Venue:** BSN Auditorium, Lab Block, 2nd Floor.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** Unnat Bharat Abhiyan (UBA) and ZBNFmart.

**Objective:** To educate participants on the environmental and economic benefits of sustainable farming.

**Event Details:** The interactive session on Organic and Natural Farming was conducted by Mr. Subramani Sudhakaran, proprietor of ZBNFmart. The two-day event focused on promoting sustainable farming practices and raising awareness about their environmental and health benefits.

**Highlights:** Mr. Subramani Sudhakaran discussed techniques like seed treatment with cow dung and the market demand for organic products.



# Blood Donation Awareness & Camp

**Date:** 24 October (Awareness) & 25 October 2024 (Camp).

**Venue:** Skill Lab, LAB Block, BMS Institute of Technology and Management.

**Organized by:** NSS Unit, BMSIT&M

**Collaboration:** Youth Red Cross Unit & National Cadet Corps.

**Objective:** To motivate voluntary blood donation and educate students on its life-saving impact.

**Event Details:** The Volunteer Blood Donation Awareness and Camp was held on 25th October 2024 at BMS Institute of Technology and Management (BMSIT&M), organized by the National Service Scheme in collaboration with the Youth Red Cross and the National Cadet Corps. Blood collection was carried out by the Lion Blood Bank, with active participation from students, faculty, and the community, ensuring the camp ran smoothly from 9:00 am under the guidance of college authorities.

**Highlights:** A massive drive resulted in the collection of 422 units of blood, benefitting approximately 1,266 patients.





# NSS ACTIVITIES 2024-25



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