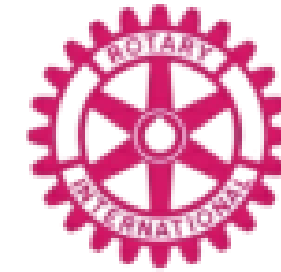
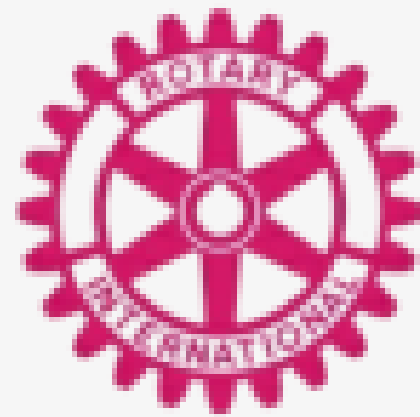




**Rotaract**  
Club of BMS YELAHANKA



# WHAT IS **ROTARACT?**



Rotaract clubs bring together people ages 18 and older to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service.

In communities worldwide, Rotary and Rotaract members work side by side to take action through service. From big cities to rural villages, Rotaract is changing communities like ours and yours.



**10,698**

Rotaract clubs  
WORLDWIDE



And, we are 1 one them!

**ROTA YEAR**

**2019-20**

**EVENT REPORTS**







## INSTALLATION OF THE BOARD OF DIRECTORS

Along with the President Rtr. Gowtham Krishna, 15 other BOD were installed on 11th October 2019 as a club service project at our BMSSA auditorium.

Presence of many dignitaries like Dr. Mohan Babu, BMSIT & M, Rtn. John Bruno, Rtn. Pradeep Rao and many others glorified the event. 150+ students attended our installation event which was followed by orientation program by Rtr. Naveen Senna.





# ROTA UTSAV

Rota Utsav was a fundraiser event under club service avenue which was conducted on 23rd October 2019. In a duration of one hour, 36 rotaractors could attract more than 200 students by conducting several entertaining games. Drama Club of BMSIT joined their hands with us to entertain the crowd with their performance. We raised Rs.2590 as funds collected through entry fee and the same amount was used for an event named Pratibha.







## TREK TO EDUCATE

Trek to Educate : Our club in association with Rotaract club of Bangalore Golden Rock hosted a trekking event to Avani Betta under club and community service avenue. Many other colleges like PESIT, Nagarjuna Degree College participated along with us. This was a ticketed event with a fee of Rs.500 per person, which included all breakfast, lunch and transport facilities. RCBMSY had 46 participants. We could collect Rs.23000 which was used for education cause.



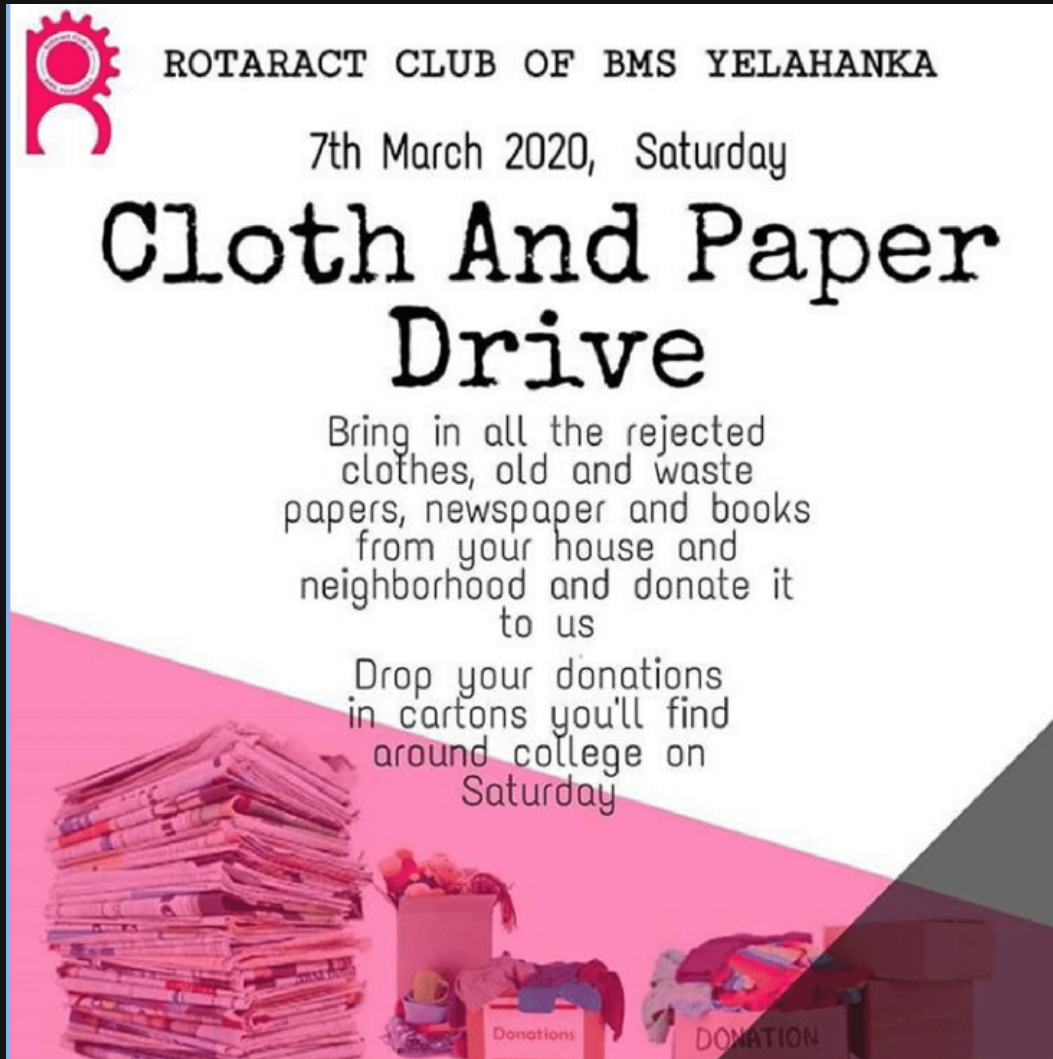


# WASH IN SCHOOLS PROGRAM

This event was conducted on 7th January 2020 as a Joint Project with Rotary Bangalore Yelahanka under community service avenue. Aim of the program was to teach school kids the proper way of washing hands which is a part of Swachcha Bharath Abhiyan. Along with the posters, liquid handwash and dispenser provided by Rotary Bangalore Yelahanka a team of 8 rotaractors conducted this event in 2 schools which are avalahalli govt. school and singanayakanahalli govt. school consisting of 110 and 180 students respectively. The training session was conducted for an hour which included a demonstration, short speech and the repetition of the procedure by all the students.







## CLOTH AND PAPER DONATION DRIVE

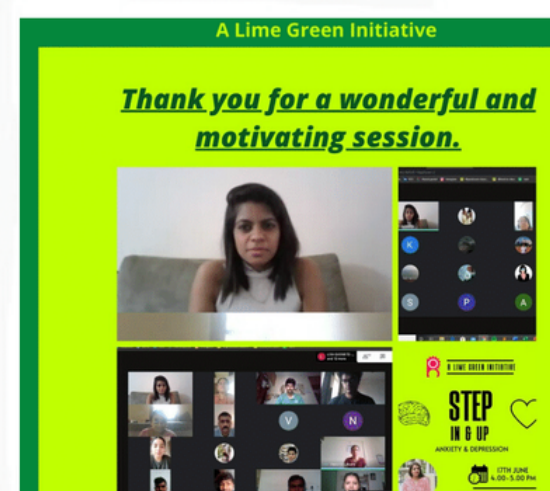
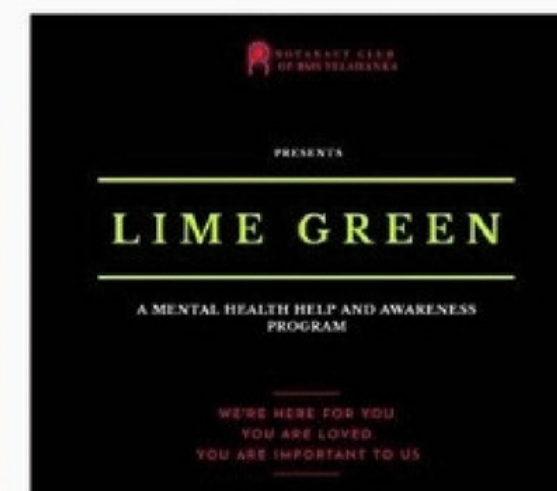
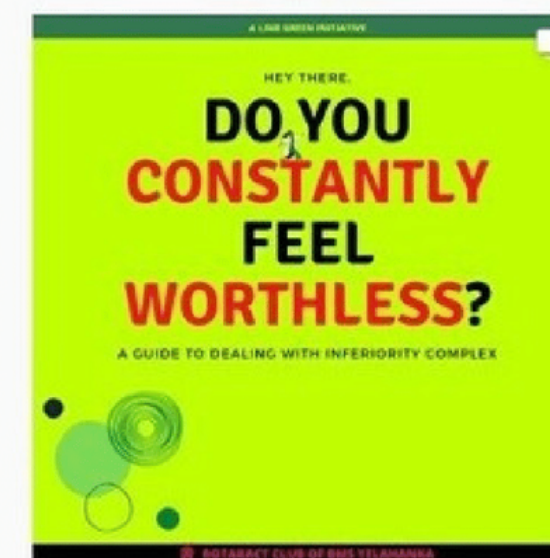
The drive consisted of two parts: The Cloth drive and the paper drive. For this a team which consisted more than 16 volunteers worked together to collect rejected clothes and old newspapers and books. Cartons were arranged by one of the volunteers and were installed at various parts of the college campus. The collected clothes are to be distributed at an Orphanage. The old books and newspapers were sold and we earned Rs. 650 which was added to the treasury.





# LIME GREEN PROJECTS

To help people deal with issues related to mental health and stress in quarantine, RCBMSY launched the 'Lime Green' Project. The subjects addressed by the project ranged from personal issues like tackling inferiority complex and body positivity to wider ranging issues like tackling familial troubles caused by the lockdown. With enthusiastic interaction and lots of replies and suggestions for further content, the team is preparing for new set of content to be published.







A LIME GREEN INITIATIVE



# STEP IN & UP



ANXIETY & DEPRESSION

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**RACHEL JAYASEELAN**  
PSYCHOLOGIST & NLP PRACTITIONER




17TH JUNE  
4.00-5.00 PM

MAKE YOUR MENTAL HEALTH  
A PRIORITY!


## STEP IN AND UP LIME GREEN INITIATIVE

Under Lime Green projects with an aim to help people to overcome negative thoughts and mental stress, We came up with a webinar under professional development avenue. About the speaker: Rachel Jayaseelan, a psychologist and NLP practitioner. She has conducted more than 50 workshops for students on a variety of topics. In the webinar, the speaker gave brief insights on What is Anxiety and Depression, From where those thoughts come from and How to control these thoughts. Also, She answered all the questions by our participants and guided them What to do and what not to.

**Thank you for a wonderful and motivating session.**



**Thank you to all the participants who actively participated in this session.**



Rotaract BMS of Yelahanka

## WEBINAR BY RTR.KRISHNARJUN

Rtr. Krishnarjun hails from Rotaract Club of Bangalore Sheshadripuram, elected as the President of the Club during 2017-18.

He has been awarded as the Best Rotaractor from both Rotaract District Council as well as Rotary Club of Bangalore. He was the Deputy District Rotaract Representative (DDRR) for the Rota-Year 2019-20. This was a webinar to make our club members aware about rotary. It basically focused on Rotary's contribution in eradicating polio and about RID 3190's initiative to preserve wildlife and environment.



ROTARACT CLUB OF BMS YELAHANKA



PRESENTS WEBINAR ON

ROTARY'S CONTRIBUTION IN  
ERADICATION OF POLIO

ROTARY'S SIX AREAS OF FOCUS

EIGHT VERTICALS OF ROTARY INDIA

2PM, 27th JUNE



SPEAKER:  
Rtr Krishnarjun C N  
Deputy DRR

CONTACT:  
Rtr Prerana Kulkarni  
7016303347



Meeting link

- **TOTAL MEMBERS: 70**
- **BOD MEETINGS: 5**
- **JOINT BOD MEET : 1**
- **GBM: 1**
- **PRESIDENT ELECT : Rtr. Deeksha Sethi**
- **JOINT PROJECTS: 2**

# **CLUB** **UPDATES**